

Linking diet and microbiome data

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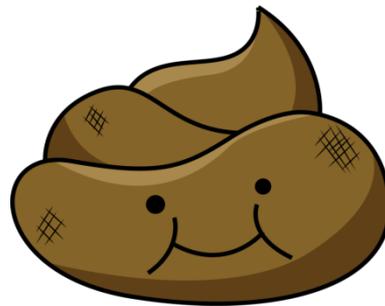
- Introduction
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- Diet
- Results

Introduction



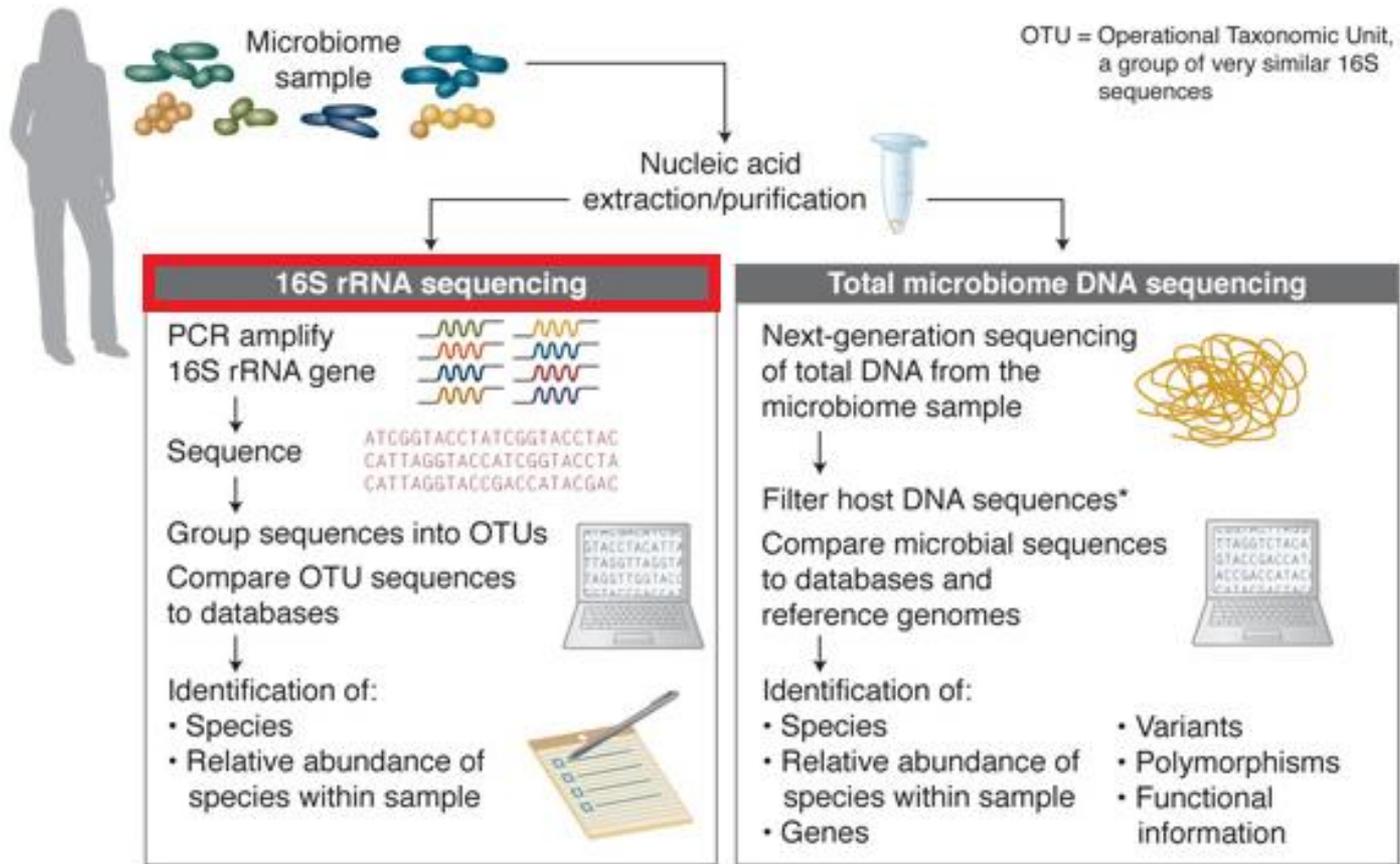


IrsiCaixa works with HIV – infected patients to improve their health and the knowdlege of this disease.



In GEM group the gut microbiome is analyzed by means of fecal samples of the patients.

Extracting information



Data transformation

- Fix a **percentage of similarity** between sequences (97%)
- Select a **taxonomic level** (*genus*)
- Apply a **filter** (to delete artificial OTUs)
- Data **normalization** (*proportion, rarefaction, . . .*) if necessary.

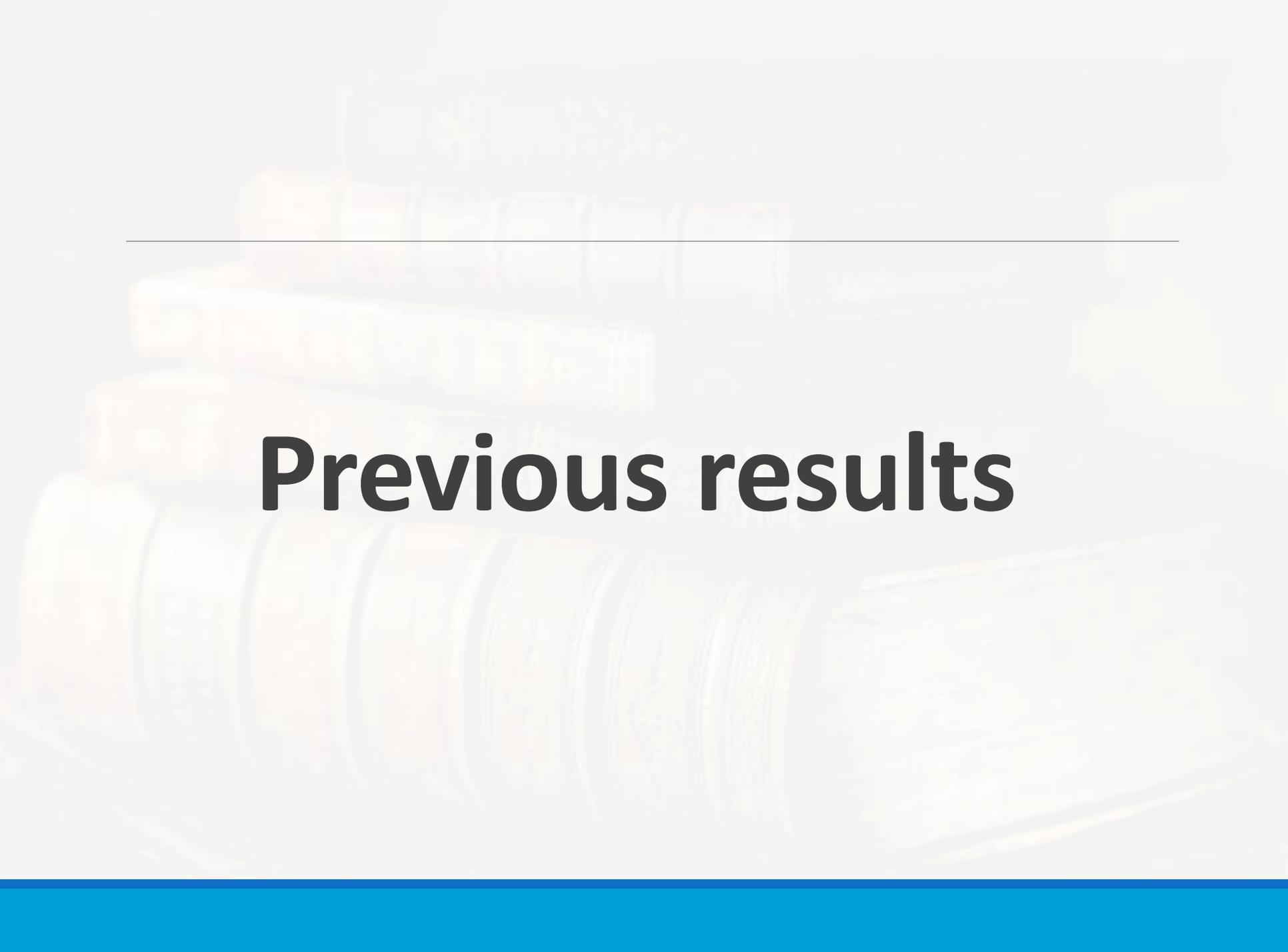
Data appearance

Microbiome information

	Bacteria 1	Bacteria 2	Bacteria 3	...	Bacteria k
	25	1	0	...	2151
	0	11	183	...	3
...
	130	0	52	...	1021

	Age	Gender	HIVStatus	...	BMI
	31	M	Negative	...	21.7
	24	F	Positive	...	23.5
...
	19	M	Positive	...	19.2

Metadata

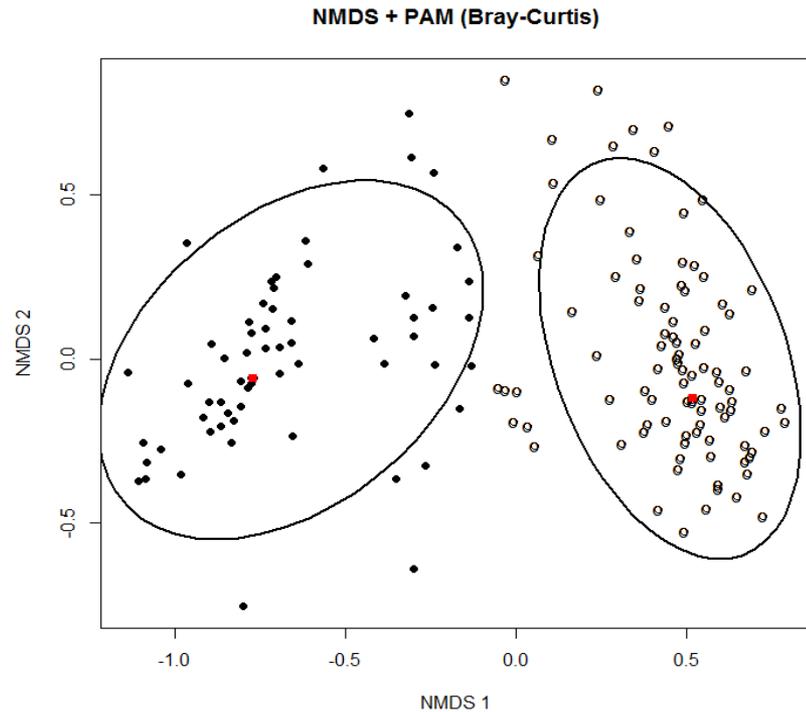


Previous results

Main results

- **Two cluster** where found according to microbiome composition.

- These **differences** were **described** mainly by *SexualPractice* variable (unexpected result).





New hypothesis

New hypothesis

- The **diet** has an **influence** over the **gut microbiome** composition



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Diet rapidly and reproducibly alters the human gut microbiome

Lawrence A. David^{1,2,#}, Corinne F. Maurice¹, Rachel N. Carmody¹, David B. Gootenberg¹, Julie E. Button¹, Benjamin E. Wolfe¹, Alisha V. Ling³, A. Sloan Devlin⁴, Yug Varma⁴, Michael A. Fischbach⁴, Sudha B. Biddinger³, Rachel J. Dutton¹, and Peter J. Turnbaugh^{1,*}

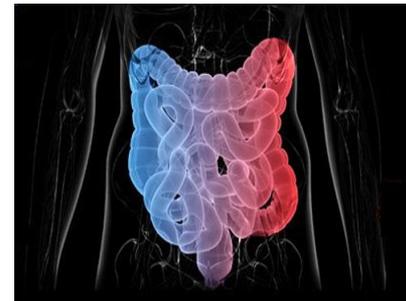
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Science. 2011 October 7; 334(6052): 105–108. doi:10.1126/science.1208344.

Linking Long-Term Dietary Patterns with Gut Microbial Enterotypes

Gary D. Wu^{1,*}, Jun Chen^{2,3}, Christian Hoffmann^{4,5}, Kyle Bittinger⁴, Ying-Yu Chen¹, Sue A. Kellibaugh¹, Meenakshi Bewtra^{1,2}, Dan Knights⁶, William A. Walters⁷, Rob Knight^{8,9}, Rohini Sinha⁴, Erin Gilroy², Kernika Gupta¹⁰, Robert Baldassano¹⁰, Lisa Nessel², Hongzhe Li^{2,3}, Frederic D. Bushman^{4,*}, and James D. Lewis^{1,2,3,*}



Methodology

Methodology

- The link between diet and microbiome is estimated following these steps:
 - Assume a **Dirichlet – Multinomial** distribution over the gut microbiome count expression.
 - **Estimate** the **parameters** of the distribution
 - Fit a **log - linear regression** model over these parameters using **LASSO** techniques.



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VARIABLE SELECTION FOR SPARSE DIRICHLET-MULTINOMIAL REGRESSION WITH AN APPLICATION TO MICROBIOME DATA ANALYSIS*

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Dirichlet – Multinomial distribution

1) Multinomial distribution

Multinomial distribution

Probability mass function

$$f_M(y_1, y_2, \dots, y_q, \pi) = \binom{y_+}{y} \prod_{j=1}^q \pi_j^{y_j} = \frac{y_+!}{y_1! \cdots y_q!} \prod_{j=1}^q \pi_j^{y_j}$$

Mean

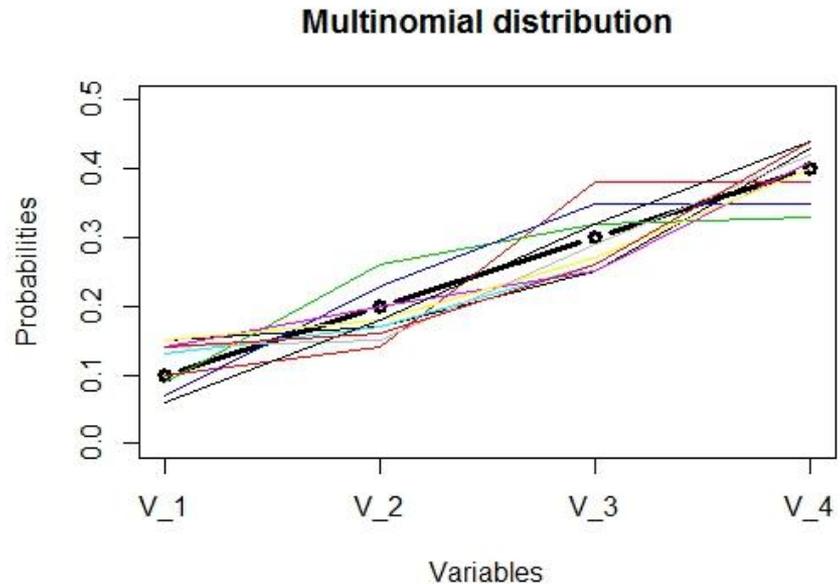
$$\mathbf{E}[Y_j] = y_+ \pi_j$$

Variance

$$\mathbf{Var}[Y_j] = y_+ \pi_j (1 - \pi_j)$$

High variability of real data

- Proportions of each taxa along individuals have **higher variability** than the defined using a Multinomial distribution



Dirichlet – Multinomial distribution

2) Dirichlet distribution

The background of the slide features three bowls filled with colorful, round candies. The bowls are yellow, green, and light blue, arranged from left to right. The candies are in various colors including purple, pink, yellow, and blue. The image is slightly blurred and has a soft, pastel-like color palette.

Dirichlet distribution

$$f_D(\pi_1, \pi_2, \dots, \pi_q; \gamma) = \frac{\Gamma(\gamma_+)}{\prod_{j=1}^q \Gamma(\gamma_j)} \prod_{j=1}^q \pi_j^{\gamma_j - 1}$$

Mean

$$\mathbf{E}[\pi_j] = \frac{\gamma_j}{\gamma_+}$$

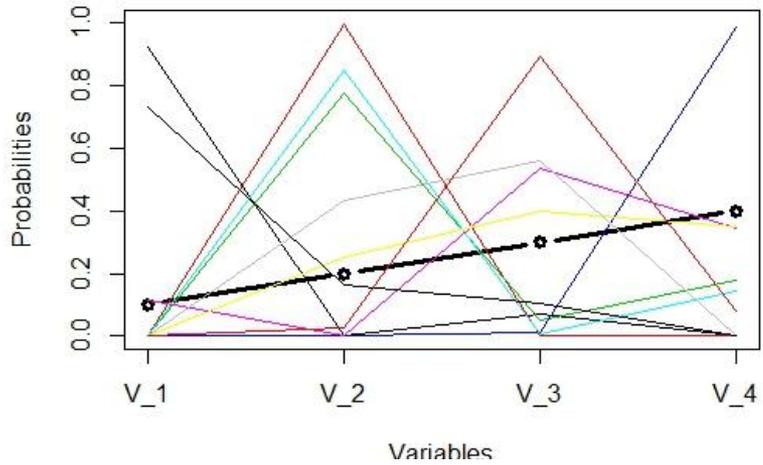
Variance

$$\mathbf{Var}[\pi_j] = \frac{\gamma_j(\gamma_+ - \gamma_j)}{(1 + \gamma_+)\gamma_+^2}$$

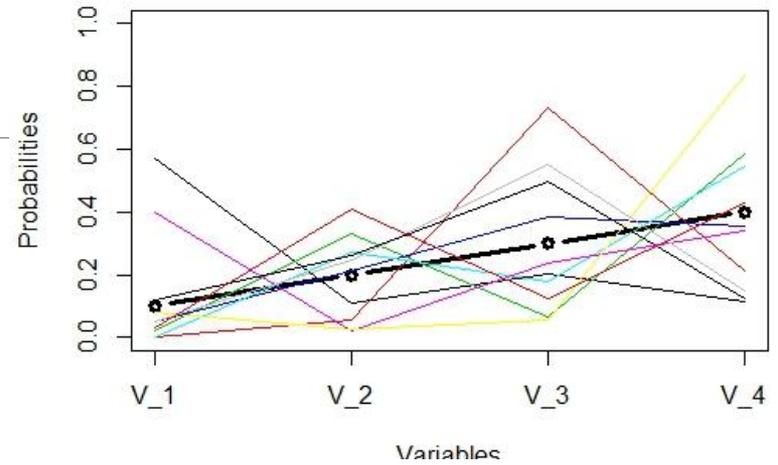
Some details

- In a Dirichlet distribution, **underlying proportions** are themselves **positive random variables** subjects to the constraint that they sum 1.
- $\gamma = \{\gamma_1, \dots, \gamma_q\}$ parameters control the **variability** and the **mean** of each component.
- $\gamma = \{\gamma_1, \dots, \gamma_q\} = s\{\pi_1, \dots, \pi_q\}$ with $s \in \mathbb{R}$ The higher s is, the lower variance.

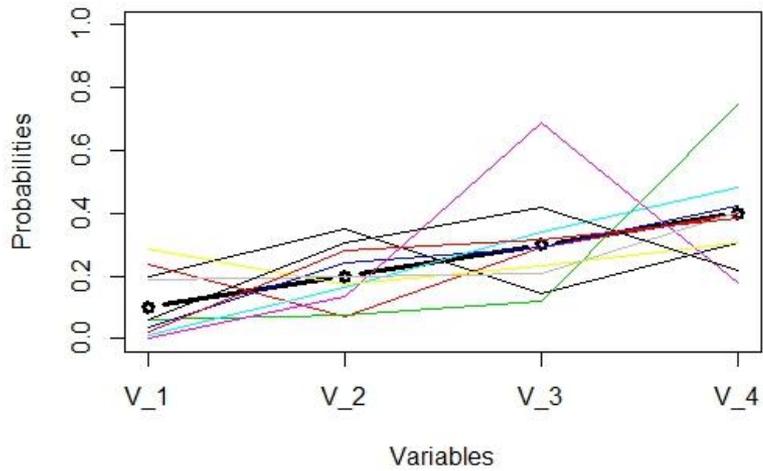
Dir (0.1, 0.2, 0.3, 0.4)



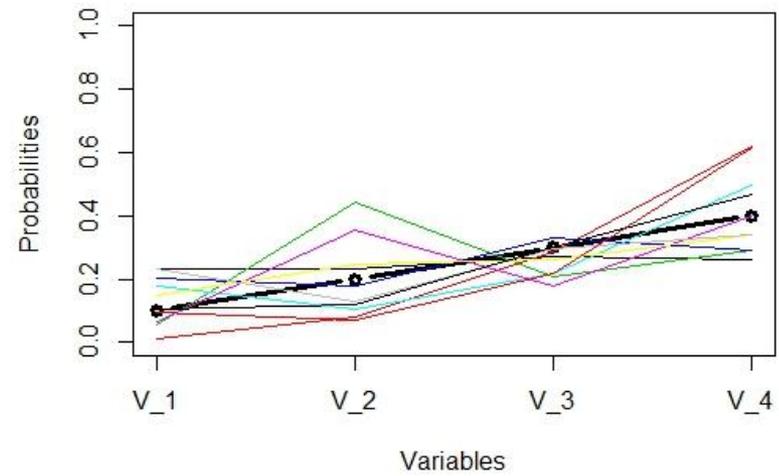
Dir (0.5, 1, 1.5, 2)



Dir (1, 2, 3, 4)



Dir (2, 4, 6, 8)



Dirichlet – Multinomial distribution

3) Dirichlet - Multinomial distribution

Dirichlet – Multinomial distribution

$$f_{DM}(y_1, y_2, \dots, y_q; \gamma) = \binom{y_+}{y} \frac{\Gamma(y_+ + 1)\Gamma(y_+)}{\Gamma(y_+ + \gamma_+)} \prod_{j=1}^q \frac{\Gamma(y_j + \gamma_j)}{\Gamma(\gamma_j)\Gamma(y_j + 1)}$$

Mean

$$\mathbf{E}[Y_j] = y_+ \pi_j$$

Variance

$$\mathbf{Var}[Y_j] = y_+ \pi_j (1 - \pi_j) \left(\frac{y_+ + \gamma_+}{1 + \gamma_+} \right)$$

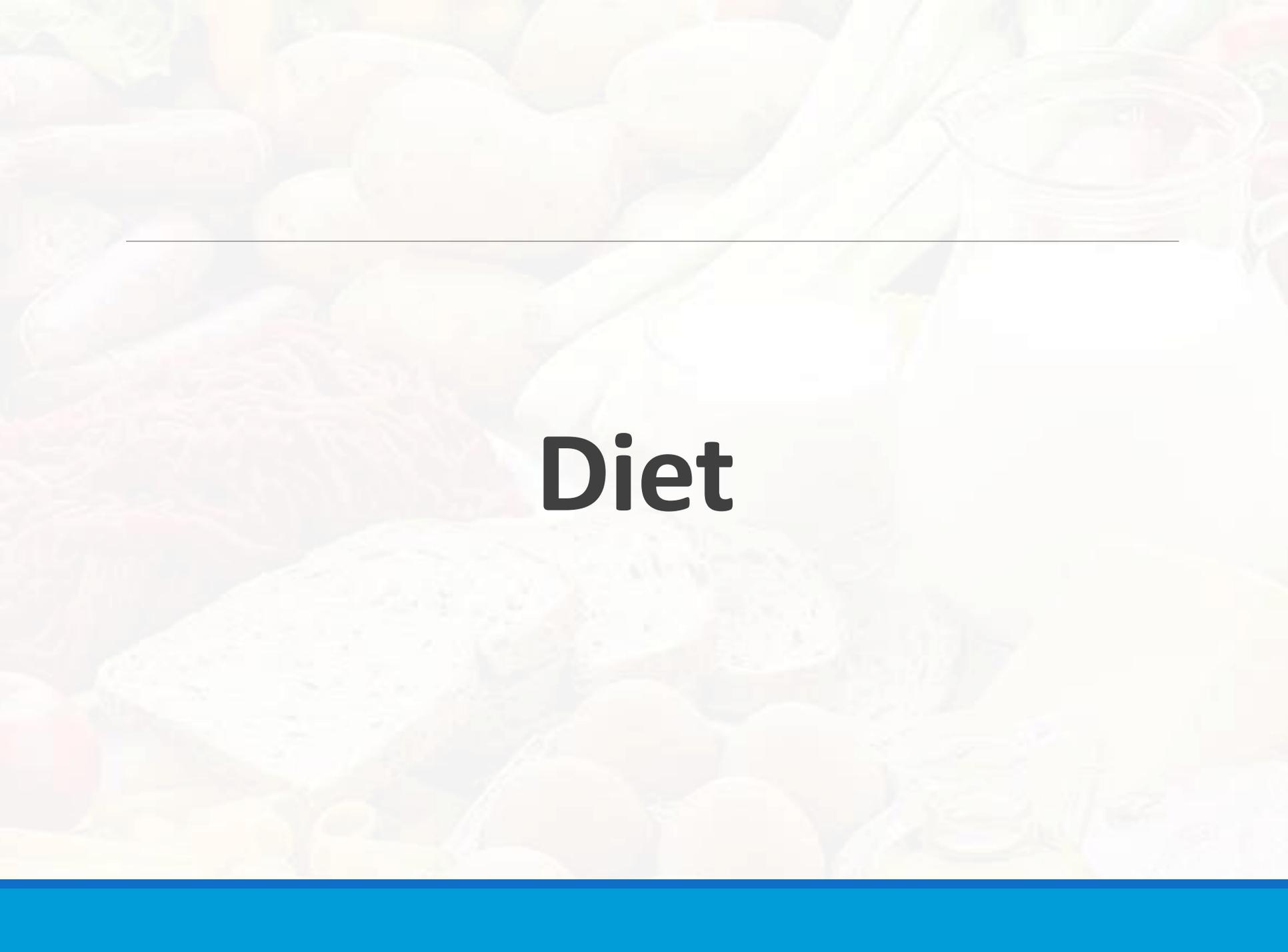
Regression model over parameters

- After the estimation of γ vector, the following regression model is fitted:

$$\gamma_j(x^i) = \exp\left(\sum_{k=0}^p \beta_{jk} x_{ik}\right)$$

being x_{ik} the k -th nutrient value for the i -th individual in the considered example.

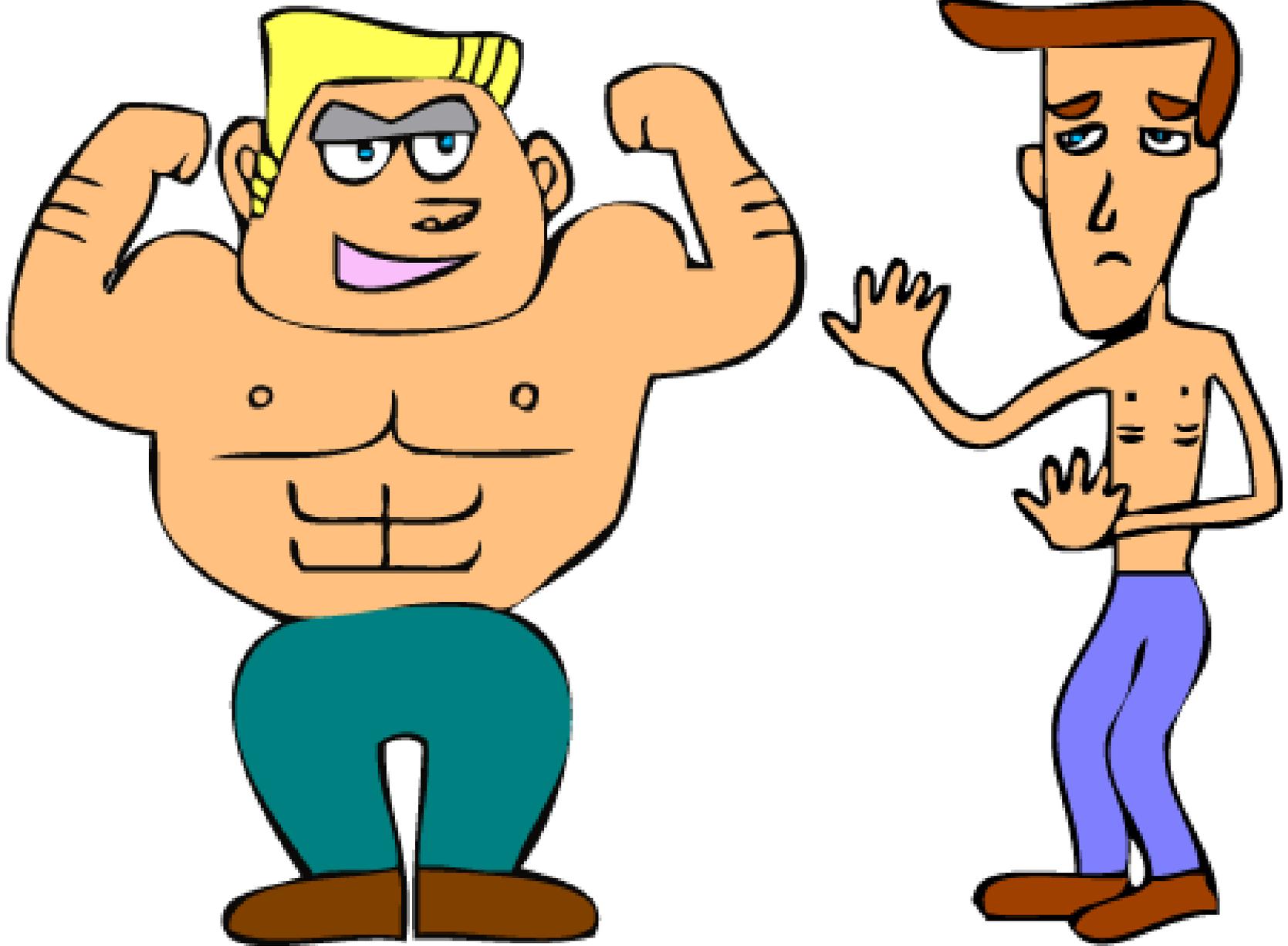
NOTE: LASSO techniques applied to select only the strongest associations.



Diet

Available information

- **Nutrient questionnaire** : consisted of a prospective dietary nutrient survey aimed at recording, as precisely as possible, any food, supplement or liquid intake during 3 to 5 consecutive days, including at least one weekend day.
- **Food portion questionnaire** : based on recall of food portions intake per week, on average, during the last year.



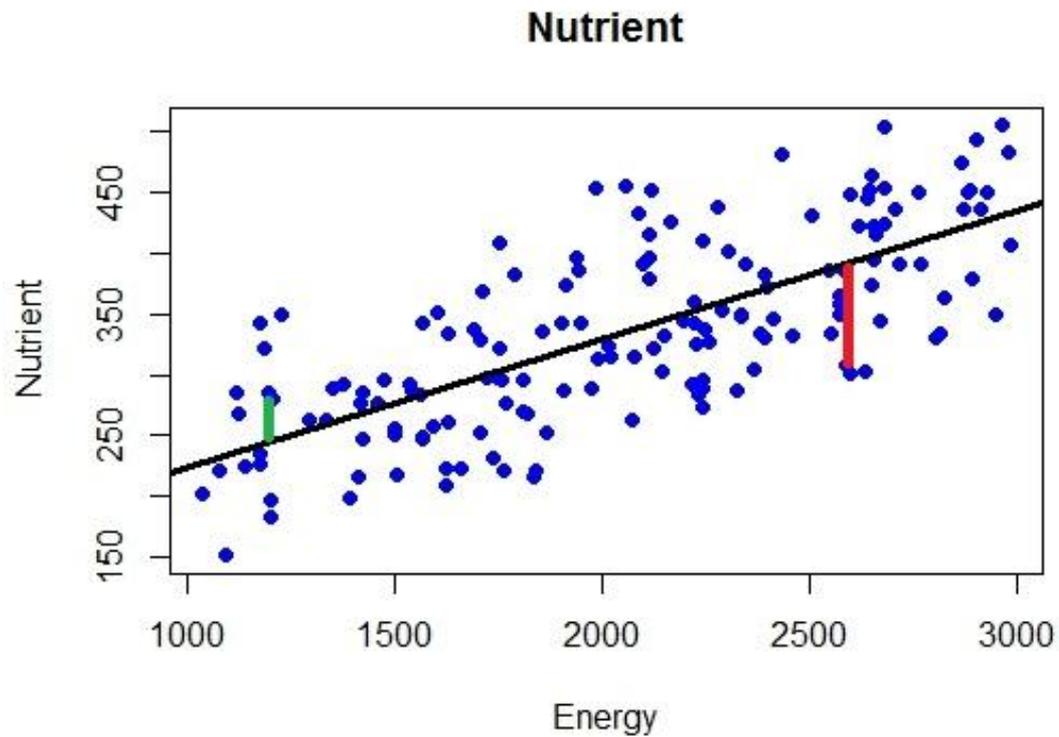
They both eat 100gr. of vegetables every day

Diet transformation I

- **Idea:** Transform data taking into account *energy* variable
- **How?:** For each variable fit a linear model and take residuals as new nutritional values
- **Why?:** Is not the same to consume 100 gr of proteins if your total energy intake is 1500 Kcal as it would be 2500 Kcal.

NOTE: after transforming, scale data by nutrient (mean 0 and standard deviation 1).

Diet transformation II



A person is standing on a ladder, painting a red line graph on a wall. The graph shows an overall upward trend with some fluctuations. The person is wearing a white shirt and light-colored pants. The background is a plain wall.

Results

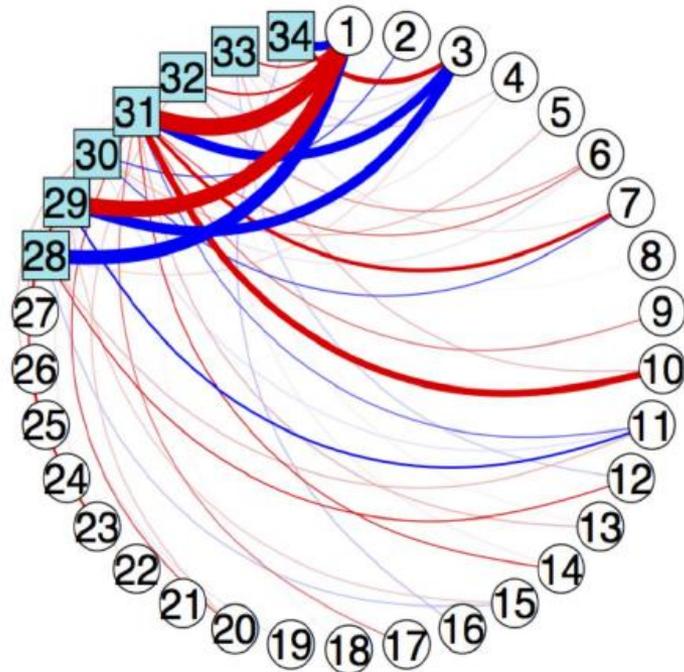
Results

	Nutrients			
T A X A S	$\beta_{1,1}$	$\beta_{1,2}$	\dots	$\beta_{1,p}$
	$\beta_{2,1}$	$\beta_{2,2}$	\dots	$\beta_{2,p}$
	\dots	\dots	\dots	\dots
	$\beta_{q,1}$	$\beta_{q,2}$	\dots	$\beta_{q,p}$

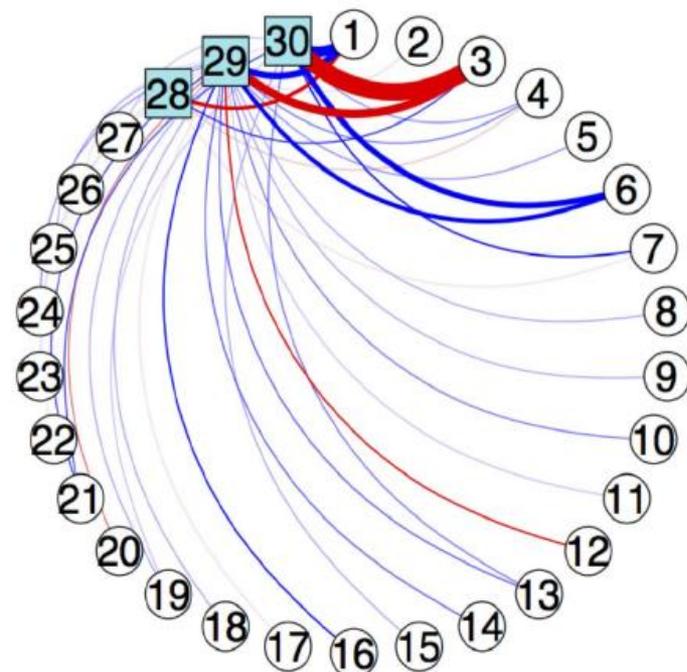
A **matrix** with the **regression coefficients** linking taxas abundance and nutrients standardized consumption.

Plots

Nutrients



Portions



Interpretation

- The **thickness** of the line is linked with strongest associations (fatter lines).
- The **color** represents positive (*red*) or negative (*blue*) associations.

Further interpretations

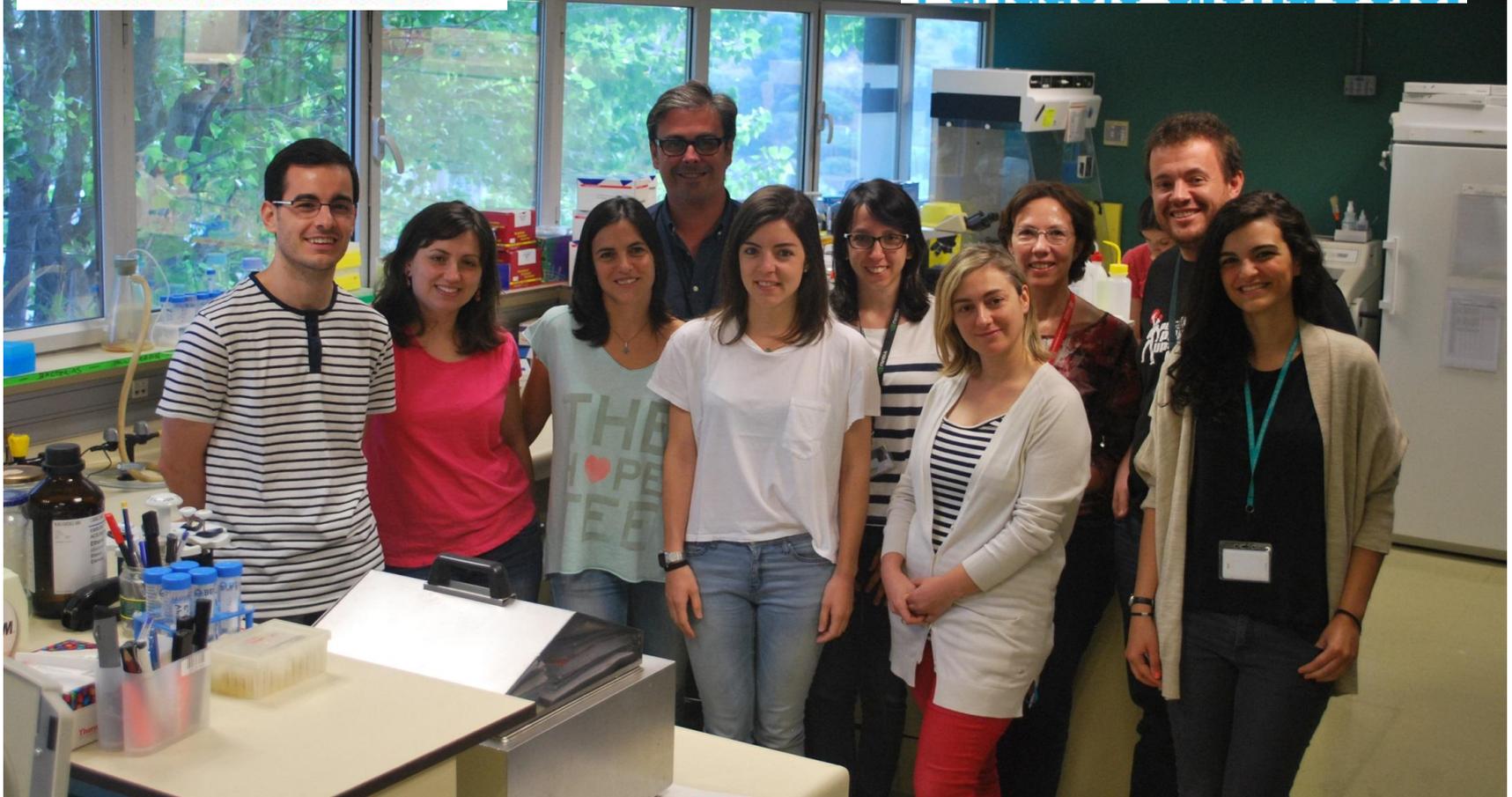
- There were **differences in genus** between the clusters
- DM – regression pointed some **nutrients associated** to these genus.
- If diet had an impact over the microbiome structure, it would be **expected** to find **differences** between the nutrients consumption for individuals in **Cluster 1** and **2**.
- Only one difference was found (*water*)

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